

Physiotherapist

What do they do?

Physiotherapists assess, diagnose, treat and prevent neurological, cardiorespiratory and musculoskeletal disorders caused by injury and disease. Physiotherapy is an allied health profession.

Tasks and duties

- ▶ Assess the physical condition of patients to diagnose problems and plan treatment.
- ▶ Use techniques to strengthen and stretch muscles and joints to improve patient mobility.
- ▶ Perform spinal and peripheral joint mobilisation and manipulation.
- ▶ Use techniques and exercise to help improve people's lung function and breathing affected by disease and major surgery
- ▶ Use equipment such as ultrasound and electrotherapy to ease pain, reduce swelling and improve range of movement.
- ▶ Retrain patients to walk or to use walking frames, splints, crutches and wheelchairs.
- ▶ Educate patients, their families and the community to prevent injury and disability.
- ▶ Plan and implement community fitness programs.

Where do they work?

- ▶ Public and private hospitals
- ▶ Community health centres
- ▶ Private practice
- ▶ Specialist sports injury centres
- ▶ Aged and disability centres

What abilities do I need?

- ▶ Patience
- ▶ Genuine interest in people
- ▶ Good health and physically fit
- ▶ Problem-solving skills
- ▶ Good communication skills
- ▶ Team player
- ▶ Self-direction and determination

Want further information?

Additional course and entrance information is available from university admissions centres, universities, careers advisers and from the following websites:

- ▶ Australia Physiotherapy Association - www.physiotherapy.asn.au
- ▶ The Good Guide - www.jobguide.thegoodguides.com.au

Scholarships available

- ▶ www.nrhsn.org.au
- ▶ Check professional bodies websites
- ▶ Check your State or Territory Government website for further information.

National Rural Health Student Network

The National Rural Health Student Network (NRHSN) provides a voice for students who are passionate about improving health outcomes for rural and remote Australians. The NRHSN has over 9000 members who belong to 28 Rural Health Clubs at universities throughout Australia. They include students studying medical, nursing and allied health courses. The NRHSN offers networking, professional development and opportunities to enable positive rural health experiences. For further information please visit www.nrhsn.org.au

Rural Health Workforce Australia

Rural Health Workforce Australia and the national network of Rural Workforce Agencies attract, recruit and support health workers to care for people in rural and remote communities.

We also know that students are the future of rural health. That's why we support the NRHSN and the 28 university Rural Health Clubs.

So if you are thinking about a career in rural health or want to connect with one of our Clubs, we would love to hear from you.

Our Network

Peak Body

Rural Health Workforce Australia
www.rhwa.org.au
 03 9860 4700

Vic

RWAV
www.rwav.com.au
 03 9349 7800

QLD

Health Workforce Queensland
www.healthworkforce.com.au
 07 3105 7800

Tas

Health Recruitment Plus Tasmania
www.healthrecruitmentplus.com.au
 03 6334 2355

NSW

NSW Rural Doctors Network
www.nswrdn.com.au
 02 4924 8000

SA

Rural Doctors Workforce Agency
www.ruraldoc.com.au
 08 8234 8277

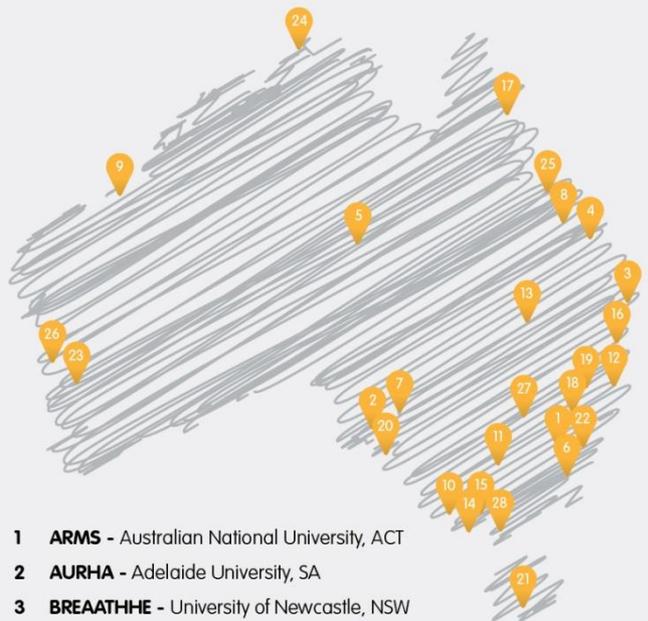
WA

Rural Health West
www.ruralhealthwest.com.au
 08 6389 4500

NT

PHN Northern Territory
www.ntphn.org.au
 08 8982 1000

Rural Health Clubs



- 1 **ARMS** - Australian National University, ACT
- 2 **AURHA** - Adelaide University, SA
- 3 **BREAATHHE** - University of Newcastle, NSW
- 4 **BUSHFIRE** - Bond University, QLD
- 5 **CARAH** - Charles Darwin University, NT in assoc with Flinders University, SA
- 6 **CRANC** - University of Canberra, ACT
- 7 **FURHS** - Flinders University, SA
- 8 **HOPE4HEALTH** - Griffith University, QLD
- 9 **KRASH** - Notre Dame University, Broome, WA
- 10 **LARHC** - La Trobe University, Bendigo, VIC
- 11 **MARHS** - Charles Sturt University, Albury, NSW including La Trobe University Wodonga campus
- 12 **MIRAGE** - University of Sydney, NSW
- 13 **NERCHA** - University of New England, NSW
- 14 **NOMAD** - Deakin University, VIC
- 15 **OUTLOOK** - University of Melbourne, VIC
- 16 **RAHMS** - University of New South Wales, NSW
- 17 **RHINO** - James Cook University, QLD
- 18 **RHUUWS** - University of Western Sydney, NSW
- 19 **ROUNDS** - Notre Dame University, Sydney campus, NSW
- 20 **ROUSTAH** - University of South Australia, SA
- 21 **RUSTICA** - University of Tasmania, TAS
- 22 **SHARP** - University of Wollongong, NSW
- 23 **SPINRPHIX** - Combined Universities of Western Australia, WA
- 24 **StARRH** - Charles Darwin University, NT including Flinders University, SA
- 25 **TROHPIQ** - University of Queensland, QLD
- 26 **WAALHIIBE** - Combined Universities of Western Australia, WA
- 27 **WARRIAHS** - Charles Sturt University, Wagga Wagga, NSW
- 28 **WILDFIRE** - Monash University, VIC