

## National Rural Health Student Network

The National Rural Health Student Network (NRHSN) provides a voice for students who are passionate about improving health outcomes for rural and remote Australians. The NRHSN has over 9,000 members who belong to 28 Rural Health Clubs at universities throughout Australia. They include students studying medical, nursing and allied health courses.

The NRHSN offers networking, professional development and opportunities to enable positive rural health experiences. For further information please visit [www.nrhsn.org.au](http://www.nrhsn.org.au)

## Rural Health Workforce Australia

Rural Health Workforce Australia and the national network of Rural Workforce Agencies attract, recruit and support health workers to care for people in rural and remote communities.

We also know that students are the future of rural health. That's why we support the NRHSN and the 28 university Rural Health Clubs. So if you are thinking about a career in rural health or want to connect with one of our Clubs, we would love to hear from you.

### National Body

Rural Health Workforce Australia  
[www.rhwa.org.au](http://www.rhwa.org.au)  
03 9860 4700

### Vic

RWAV  
[www.rwav.com.au](http://www.rwav.com.au)  
03 9349 7800

### QLD

Health Workforce Queensland  
[www.healthworkforce.com.au](http://www.healthworkforce.com.au)  
07 3105 7800

### Tas

Health Recruitment Plus Tasmania  
[www.healthrecruitment-plus.com.au](http://www.healthrecruitment-plus.com.au)  
03 6334 2355

### NSW

NSW Rural Doctors Network  
[www.nswrdn.com.au](http://www.nswrdn.com.au)  
02 4924 8000

### SA

Rural Doctors Workforce Agency  
[www.ruraldoc.com.au](http://www.ruraldoc.com.au)  
08 8234 8277

### WA

Rural Health West  
[www.ruralhealthwest.com.au](http://www.ruralhealthwest.com.au)  
08 6389 4500

### NT

PHN Northern Territory  
[www.ntphn.org.au](http://www.ntphn.org.au)  
08 8982 1000

## Rural Health Clubs



- |   |   |
|---|---|
| 1. <b>ARMS</b><br>Australian National University, ACT   | 16. <b>RAHMS</b><br>University of New South Wales, NSW                                  |
| 2. <b>AURHA</b><br>Adelaide University, SA  | 17. <b>RHINO</b><br>James Cook University, QLD  |
| 3. <b>BREATHHE</b><br>University of Newcastle, NSW  | 18. <b>RHUUS</b><br>University of Western Sydney, NSW                                   |
| 4. <b>BUSHFIRE</b><br>Bond University, QLD  | 19. <b>ROUNDS</b><br>Notre Dame University, Sydney, NSW                                 |
| 5. <b>CARAH</b><br>Charles Darwin University, NT<br>in assoc with Flinders University, SA               | 20. <b>ROUSTAH</b><br>University of South Australia, SA                                 |
| 6. <b>CRANC</b><br>University of Canberra, ACT  | 21. <b>RUSTICA</b><br>University of Tasmania, TAS                                       |
| 7. <b>FURHS</b><br>Flinders University, SA  | 22. <b>SHARP</b><br>University of Wollongong, NSW                                       |
| 8. <b>HOPE4HEALTH</b><br>Griffith University, QLD   | 23. <b>SPINRPHX</b><br>Combined Universities of Western Australia, WA                   |
| 9. <b>KRASH</b><br>Notre Dame University, Broome, WA  | 24. <b>SIARRH</b><br>Charles Darwin University, NT<br>including Flinders University, NT |
| 10. <b>LARHC</b><br>La Trobe University, Bendigo, VIC   | 25. <b>TROHPIQ</b><br>University of Queensland, QLD                                     |
| 11. <b>MARHS</b><br>Charles Sturt University, Albury, NSW<br>including La Trobe University Wodonga, VIC | 26. <b>WAALHIIBE</b><br>Combined Universities of Western Australia, WA                  |
| 12. <b>MIRAGE</b><br>University of Sydney, NSW  | 27. <b>WARRIAHS</b><br>Charles Sturt University, Wagga Wagga, NSW                       |
| 13. <b>NERCHA</b><br>University of New England, NSW   | 28. <b>WILDFIRE</b><br>Monash University, VIC   |
| 14. <b>NOMAD</b><br>Deakin University, VIC  |   |
| 15. <b>OUTLOOK</b><br>University of Melbourne, VIC  |   |

# The A to Z of health careers

*the future of rural health*

## Why choose a health career?

Want to help people? Looking for an exciting career? A health career opens up a variety of options to choose from. You can enjoy variety and hands-on experiences... with amazing opportunities to make a difference. Find out more about the range of medical, nursing and allied health professions to choose from today and how to get your health career started!

*"I want to become a nurse to help with closing the gap."*

- Meg Bransgrove, nurse, former University of Canberra student

- ▶ Aboriginal Health Professionals - Liaise with patients and visitors in hospitals and community health clinics.
- ▶ Audiologist - Assess and provide treatment for hearing disorders.
- ▶ Chiropractor - Diagnose and treat neuro-musculoskeletal disorders such as spinal problems and sporting injuries
- ▶ Dentist - Diagnose and treat diseases, injuries and abnormalities of teeth and gums.
- ▶ Dietitian - Assess nutritional needs of patients, diet planning and patient and family education.
- ▶ Exercise Physiologist - Provide scientific support to sports people by studying how their bodies respond to physical activity.
- ▶ Doctor (General Practitioner) - Diagnose physical and mental illnesses, disorders and injuries and prescribe medications and treatment to promote or restore good health.
- ▶ Health Promotion Officer - Work with various groups to assist individuals and the community to improve their health.
- ▶ Medical Imaging Technologist - Operate x-ray and imaging equipment to produce radiographs and images to diagnose disease and injury.
- ▶ Midwife - Provide supervision, care and advice to women during pregnancy, labour and the postpartum period.
- ▶ Nuclear Medicine Technologist - Use radioactive pharmaceuticals to diagnose and treat a range of diseases.
- ▶ Nurse (Registered) - Registered nurses assess, plan, provide and evaluate preventative, curative and rehabilitative care for patients.
- ▶ Nutritionist - Provide advice on dietary habits to help with achieving a healthy lifestyle.

- ▶ Orthoptist - Diagnose and treat eye movement and vision disorders.
- ▶ Occupational Therapist - Assess and treat people who are limited in their ability to undertake the activities of everyday life.
- ▶ Optometrist - Perform eye examinations and vision tests to determine the presence of visual and other eye problems.
- ▶ Osteopath - Diagnose, treat and provide preventative advice on the bodies' musculoskeletal system, using techniques to alleviate stresses and improve body function.
- ▶ Paramedic - Provide pre hospital emergency care and treatment.
- ▶ Pharmacist - Dispense and manufacture medicines and drugs in hospitals and pharmacies. Advise on appropriate use.
- ▶ Physiotherapist - Assess, diagnose, treat and prevent neurological, cardiorespiratory and musculoskeletal disorders.
- ▶ Podiatrist - Diagnose, treat and prevent foot abnormalities.
- ▶ Psychologist - Study human behavior and apply research findings to minimise behavioural and emotional issues.
- ▶ Radiation Therapist (Therapeutic Radiographer) - Design treatment plans for patients and administer radiation therapy treatment.
- ▶ Radiographer (Medical Imaging Technologist) - Operate x-ray and imaging equipment to produce radiographs and images to diagnose and manage disease or injury.
- ▶ Social Worker - Help people to deal with personal and social problems, either directly or through group or community programs.
- ▶ Speech Pathologist - Diagnose and treat people with communication disorders including speech, language, voice, fluency and literacy difficulties.